

VI The effectiveness of essential oils cannot be fully discussed without some mention of frequency.

A Frequency is the measurable rate of electrical energy flow that is constant between any two points.

1. That everything living has a frequency appears to be undisputed, however the technology to measure this frequency has been the subject of some controversy. I have found no dispute of their values relative to each other, so consider these more a frame of reference than absolute information.

2 "Quantum physicists have confirmed the reality of the basic vibratory essence of life," wrote Dr. C. Normal Shealy, M.D., Ph.D.. "Life energy is not static; it is kinetic."

3. Dr. Robert O. Becker in his book *The Body Electric* establishes that the human body has an electrical frequency and that

4. Today, nutritionists and natural health and wellness experts agree that a key element in determining the effectiveness of any health product is how "alive" it is.

5. Stated another way, the amount of organic energy remaining in a natural substance after it has been processed into product form determines its possible therapeutic value

B much about a person's health can be determined by it's frequency.

C In 1992, Bruce Tainio of Tainio Technology, an independent division of Eastern State University in Cheney, Washington, built the first frequency monitor in the world.

1. Tainio has determined that the average frequency of the human body during the daytime is 62-68 MHz. (A healthy body frequency is 62-78 MHz.)

- a. Genius Brain Frequency 80-82 MHz
- b. Brain Frequency Range 72-90 MHz
- c. Normal Brain Frequency 72 MHz
- d. Human Body 62-78 MHz
- e. Human Body: from Neck up 72-78 MHz
- f. Human Body: from Neck down 60-68 MHz

2. When frequency drops, the immune system is compromised.

- a. 58 MHz, cold and flu symptoms appear
- b. 55 MHz, diseases like Candida take hold
- c. 52 MHz, systemic pathologies like Epstein Bar
- d. 42 MHz, Cancer
- e. death begins at 25 MHz

3. According to Dr. Royal R. Rife, every disease has a frequency.

- a. He found that certain frequencies can prevent development of disease
- b. others destroy disease.
- c. substances with higher frequency destroy diseases of a lower frequency.

D The study of frequencies raises important questions concerning the frequencies of substances we eat, breath and absorb

1. Many pollutants lower healthy frequency.
2. Processed/canned foods have a frequency of 0
3. fresh produce has up to 15 MHz
4. dry herbs from 12 to 22 MHz
5. fresh herbs from 20 to 27 MHz
6. mental state can influence individual frequency 10-15 MHz.

E Clinical research shows that essential oils have the highest frequency of any natural substance known to man

1. Essential oils have been measured as high as 320 MHz (rose)
Some others (in MHz)
Sandalwood 96

Lemon Balm	102
Chamomile	105
Myrrh	105
Lavender	118
Ravensara	134
Helichrysum	181
Rose	320
Angelica	85
Juniper	98
Peppermint	78
Basil	52
Galbanum	56
Idaho Tansy	105

2. higher frequencies create an environment in which disease, bacteria, virus, fungus, etc., cannot live

3. all 100% pure essential oils are immune stimulating via their impact on body frequency.

a. research shows that many of the "super bugs" that has modern medicine so concerned, cannot survive in the presence of essential oils

b. no pathogen has been known to resist oils by mutating.